

# 2nd Baltic IUS Forum

October 14th, 2016

Semarang Hotel Lielupe  
Jūrmala



## Program

**9:00 - 10:30**

**Leena Vaisala** (Gynaecologist, sexologist Finland).

Contraception guidelines changing towards IUS – Finland, Estonia, Latvia, Lithuania.  
Usage of contraception wheel – Edition 2015.  
IU contraception usage in Finland and Baltics.  
Practical guidance in counselling – pills vs IUS.  
Bayer factory visit.

**10:30 - 11:00**

**Coffee**

**11:00 - 12:30**

**Amos Ber** (Gynaecology professor, Israel).

IUS clinical experience – suitability of IUS in different life stages.  
IUS effects on endometrium – hysteroscopy and ultrasound view.  
Side effects in real life – management of side effects.  
Insertion pain management.

## Lecturers



**Dr. Leena Vaisala**

M.D. Specialist in obstetrics and gynecology, clinical sexologist, FECSM (Fellow of the European Board of Sexual Medicine).



**Prof. Amos Ber**

MD, Expert in obstetrics and gynecology. 28 years serves as a senior gynaecologist initially in the Tel Aviv Medical Center and later in Maccabi health centres.  
Board member of the Israeli menopause society and the Israeli society of contraception. Ex board member and current member of the Scientific committee of the ESC. (European society of contraception)  
His main areas of clinical interest and published articles are in the field of contraception (the pill and IUD), Menopause and Gynecological plastic surgery.

**12:30 - 13:30**

**Lunch**

**13:30 - 14:30**

**Ritva Hurskainen** (Gynaecology professor, Finland)

Clinical studies – IUS and menorrhagia.  
IUS and other alternatives for menorrhagia.  
Newest IUS clinical data.



**Prof. Ritva Hurskainen**

MD, PhD Specialist in obstetrics and gynecology. Deputy Head of Obstetrics and Gynecology, Hyvinkää Hospital. Honorary lecturer, University of Helsinki. Doctoral thesis on menorrhagia. Main research interest is on menorrhagia and cost-effectiveness. Also scientific publications on contraception and menopause.

**14:45 - 16:00**

**Country specific workshop**

**16:00 - 17:00**

**Farewell**